

Community Connectors are the volunteer mainstays of Whitby Compassion Project..

When needed, they give a little of their time and Whitby knowledge to signpost people towards help.

Not befriending, but signposting where possible.

Community Connectors

Helping may be saying or doing something on the spot if an issue is a small matter. However, it will often mean signposting to more specialist advice or help.

There is a Directory of services and activities with contact information.

Could you be a Whitby Community Connector?



Whitby Compassion Project

Little things mean a lot

Community Connectors are people with personal compassion, like you!

From time to time they happen across people with worrisome concerns, likely exacerbated by loneliness and isolation.

Connectors act as "living" signposts to activities or services that may be of help.

Mainly rota free volunteering!

www.whitbycompassion.org.uk
email: whitbycompassion@gmail.com
Facebook: Whitby Compassion

Direction Needed

Connectors at Large

Whitby Handy Directory

Talking Places

Connector Engagement

Signposting

Connectors are at large in the community. Their paths cross with whoever is around. A conversation may start around an incident of some kind and the words, "Are you OK?" How many different ways might a snippet of conversation start? Countless.

Connectors happen on people where they're but people may want to seek support by visiting a local Talking Place. Maybe a café in a quiet corner or a community shop. Talking Places are informal, social spaces anyone can go to chat on matters big and small in the company of Connectors.

Agency Sector

Faith Sector

Health Sector

Voluntary Sector

Leisure Sector

Hi!

How
are
you?

Really?

Whitby
Connectors
Simply Connect

I'm OK.

The answer to the question "How are you?" is not always what is said. Because OK, can mean several things.

- I'm having a great day.
- I'm too busy to talk.
- I'm coping but there are things I cannot easily explain.
- It's trivial and I ought to be able to cope myself.
- I don't want to bother you.
- Well, not really. I've got things on my mind.
- I'm quite lonely but I try not to show it.

Whitby area Community Connectors will look, listen and, if the OK appears a bit uncertain, they may follow up on the response. Really? Maybe not quite saying it that way unless it's a friend. People own their own space. They must give the signal to talk further.